

Recommended Items to Include in a Basic Ready Kit:

- Water** At least 3 gallons per person, for drinking and hygiene
- Food** At least a 3-day supply of non-perishable food
- Can opener** For food, if kit contains canned food
- Radio** Battery-powered or hand crank NOAA Weather Radio with tone alert and extra batteries
- Flashlight and extra batteries**
- First aid kit**
- Whistle** To signal for help
- Face mask** To help filter contaminated air and plastic sheeting and duct tape to shelter in place
- Moist towelettes, garbage bags and plastic ties** For personal hygiene
- Wrench or pliers** To turn off utilities
- Local maps**

Additional Items to Consider Adding to a Ready Kit:

- Prescription medications and glasses**
- Infant formula and diapers**
- Pet food and extra water** For your pet
- Important family documents** Such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change**
- Emergency reference material** Such as a first aid book or information from Ready.gov
- Sleeping bag or warm blanket** For each person. Consider adding bedding if you live in a cold-weather climate
- Complete change of clothing** Include a long sleeved shirt, long pants and sturdy shoes. Consider adding clothing if you live in a cold-weather climate
- Household chlorine bleach and medicine dropper**
- Fire extinguisher**
- Matches** In a waterproof container
- Feminine supplies and personal hygiene items**
- Mess kits, paper cups, plates, plastic utensils, paper towels**
- Paper and pencil**
- Books, games, puzzles or other activities for children**